



Order online using the QKR app: orders close 9:15am

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Volunteers needed

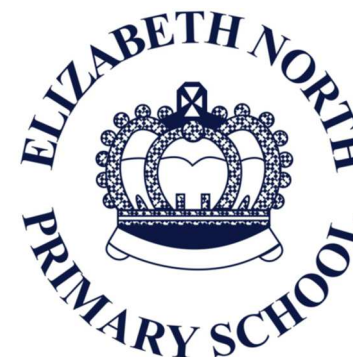
If you are interested in volunteering in the canteen and can provide assistance on a regular basis for a couple of hours a week please speak to our friendly front office staff.

Menu is under constant review and is subject to change
Suggestions welcome. Please contact the Canteen



Government of South Australia
Department for Education

Elizabeth North Primary School



CANTEEN MENU

2023

Effective from 30/01/2023



Menu in accordance with
the Right Bite strategy
www.rightbite.sa.edu.au

IMPORTANT:

Please provide an updated Health Care Plan if your child has any food allergies

ELIZABETH NORTH PRIMARY SCHOOL CANTEEN PRICE LIST - EFFECTIVE FROM 30TH JANUARY 2023

FRESH SANDWICHES, ROLLS & WRAPS (Wraps add .50c)		
<u>FILLINGS</u>	<u>S/WICH</u>	<u>ROLL</u>
Salad (Tom, lettuce & Cucumber)	\$3.00	\$4.00
Meat (Ham, tuna or chicken)	\$4.00	\$4.50
Meat & Salad	\$5.00	\$5.50
Cheese & Meat (ham, tuna or chic)	\$4.80	\$5.50
Cheese & Salad (Tom, Lettuce & Cucumber)	\$4.00	\$4.80
Cheese	\$2.80	\$3.00
Egg (curried or plain w/mayo)	\$3.50	\$3.80
Vegemite with butter	\$2.20	\$2.50
Bread & butter (2 slices)	\$2.00	\$3.00
Extras		
Lettuce	Cucumber	\$0.60 each
Tomato	Grated carrot	
Gherkin	Beetroot	
Cheese slice		\$0.80
TASTY BURGERS, WRAPS & SUBS		
<u>FILLINGS</u>	<u>WRAP/ SUB</u>	<u>BURG- ER</u>
Beef Burger & Salad	-	\$6.00
Beef & Cheese burger	-	\$5.00
Crumbed Chicken Burger, Lettuce & mayo	-	\$6.00
Chicken Breast Fillet, Lettuce & mayo	\$6.00	\$6.00
Chicken Tender Wrap or Sub with Lettuce & mayo (Sweet chilli or plain) * Cucumber, cheese extra as above	\$6.00	-
Chicken tender salad Chilli or Plain 2x tenders with tomato, lettuce, cucumber & carrot	\$7.00	
Meatball sub with Neapolitan sauce and cheese	\$6.00	

HOT FOOD	
Pizza singles Ham & pineapple Margarita Meatlovers	\$4.50
Hot chicken roll w mayo, gravy or s/chilli	\$5.00
Garlic Bread	\$1.50
Cheesy Garlic Bread	\$2.50
Spaghetti	\$5.50
Single Chicken Tender (s/chilli or plain)	\$2.00ea
Nachos	\$5.00
Beef Lasagne	\$5.50
Butter chicken with rice (Term 2 & 3 ONLY)	\$6.00
SNACKS	
Cup of watermelon	\$1.00
Jelly cup	\$1.00
Assorted chips	\$1.00
DRINKS	
Water (600ml)	\$2.00
Flavoured water (B/current, fruit tingle, raspberry & lemonade)	\$2.50
Flavoured milk—Small \$3.00, Large	\$4.00
Juice box	\$2.50
Up & Go	\$3.00

VEGETARIAN	
Mac 'n' cheese	\$5.50
Seasonal salad	\$5.00
Salad wrap	\$5.00
Veggie burger	
• plain	\$5.00
• With salad	\$6.00

Amber menu ONLY available Wed & Fri	
Dino snacks (5 per serve)	\$3.00
Pie (Balfours)	\$4.50
Potato pie (Balfours)	\$4.50
Sausage roll (Balfours)	\$4.50
Pasty (Balfours)	\$4.50
Chiko roll	\$3.50
Hot dog—plain	\$4.00
With sauce	\$4.30
With cheese & sauce (tom, bbq or mustard)	\$5.00
With bacon & cheese	\$6.00
Half Hot dog—plain	\$2.00
With sauce	\$2.20
With cheese & sauce (tom, bbq or mustard)	\$2.80
Sauces Tomato, BBQ, Sweet Chilli or Mayo	\$0.30



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